



Camp Hazen YMCA

Sunday April 27th, 2008 11am-4pm



- 11am** Camp Hazen YMCA opens its Doors to the community
Please register for FREE at the check in at Bunting Hall and drop off completed health form and waiver (you may also fill out a waiver on the day if you are 18 or older).
- 11am-4pm** **Activities Open All Day- Stop by when you get a Chance!**
35 Foot Carolina Climbing Wall
Kayaking on Cedar Lake
5km of Hiking Trails *Pick up a trail map at the Registration Tent*
Healthy Kids Carnival *Games, Balloons, Face Painting, Fun Bounce by Funtastic Inflatables*
Picnic Areas *(Tables by the lake)* and **Water Stations Open** *(Bunting Hall, Climbing Wall, Baseball Field)*
Skate Park open for Roller Blading and Skateboarding *We have pads and skateboards available but families will need their own roller blades*
- 11:30am** Safety Topic: Biking Safely with **Rad Sports Outfitters** Meet at Stanley Lodge
- 12pm** Hike Camp Hazen YMCA's Piggot Nature Trail Meet at Mosakwa Longhouse
Wellness Topic: Nutrition for Kids Workshops and Games Bunting Hall
- 12-2pm** **Take the Fitness Challenge** Tennis Court
- 12-4pm** **Camp Hazen YMCA Summer Resident and Day Camp Tours** Tours depart from Bunting Hall every half hour
- 12:30pm** Mountain Bike trip to Cockaponsett State Forest- Meet at Stanley Lodge
- 1pm** Fitness Topic: Rock Climbing as a Family- Carolina Climbing Wall
Kids Scavenger Hunt Healthy Kids Carnival
Kite Flying as a Family Soccer Field
- 1:30pm** Fitness Topic: Introduce your Family to Geocaching Meet at Mosakwa Longhouse
- 2pm** Fitness Topic: Biking as a Family in Connecticut- **Rad Sports Outfitter** Meet at Stanley Lodge
Wellness Topic: Nutrition for Kids Workshops and Games Bunting Hall
Family Volleyball Beach Volleyball Court
- 2:30pm** Mountain Bike Camp Hazen YMCA's Trails- Meet at Stanley Lodge
- 3pm** Fitness Topic: Where to Climb in Connecticut- Carolina Climbing Wall
Family Softball Game Softball Field